



# About the Mannatech LIFT™ Skin Care System

## Insight from Mannatech's R&D Department

### What Is the Mannatech LIFT Skin Care System?

The Mannatech LIFT skin care system includes five skin care products—four for the face and one for the body—with proprietary formulas containing numerous natural ingredients to help maintain healthy-looking skin and help fight the signs of aging.\* The Mannatech LIFT skin care system contains more than 30 different botanical ingredients, including extracts and oils from olive fruit, olive leaf, sunflower seed, oat kernel, alfalfa, myrtle leaf, lavender, nutmeg, coconut and ginger. The Mannatech LIFT system was formulated for the skin care needs of women aged 35 years and older with all skin types.

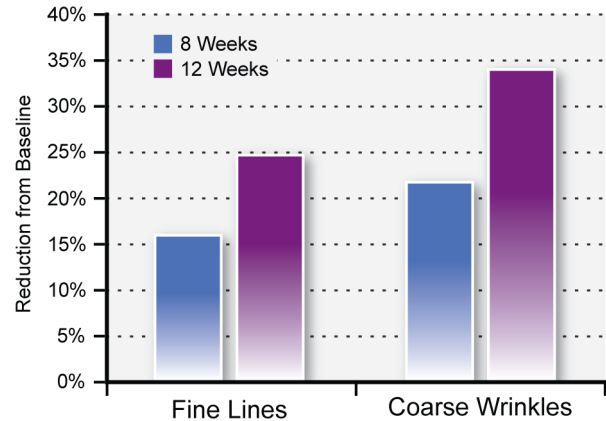
Each product in the Mannatech LIFT skin care system contains Mannatech's Jeunesse 7™ proprietary blend—a unique combination of minerals and glyconutrients that are important for helping maintain healthy, younger-looking skin.\* The Jeunesse 7 blend is composed of glyconutrients from aloe vera leaf juice powder, galactoarabinan and trehalose, along with the mineral-rich clay montmorillonite. Mannatech has had a long and successful history of including glyconutrients in its Ambrotose® complex and Advanced Ambrotose® products and has extended the use of glyconutrients into the Mannatech LIFT skin care system.

### How Does the Mannatech LIFT Skin Care System Work?

The skin is the body's first line of defense and one of the first things people notice when they meet a person face-to-face. The skin can be easily damaged by both external factors (e.g., sunlight, air pollution) and internal factors (e.g., cigarette smoke, nutrient-deficient diets). These factors can lead to aging of the skin, dullness and the appearance of fine lines and wrinkles. The best solution to avoid aging of the skin is to stay away from these free-radical producers, use sun protection and eat a healthy diet. However, the use of topical antioxidants and natural moisturizers, such as those found in the Mannatech LIFT skin care products, can help protect the skin from free radicals and minimize signs of aging.\*

### What Clinical Studies Have Been Performed Using the Mannatech LIFT Skin Care System?

The Mannatech LIFT skin care system has been clinically shown to be safe and effective at improving the appearance of aged skin (1, 2).\* Visual grading by a board-certified dermatologist revealed significant improvements in skin tone, firmness, radiance, smoothness, and the appearance of fine lines and wrinkles after just 8 weeks of using the entire facial regimen, with even more dramatic results following 12 weeks of use.\*



#### Clinical study participants showed significant improvements in skin:

- **Smoothness** in 100% of subjects at 8 weeks\*
- **Radiance** in 93% of subjects at 12 weeks\*
- **Tone/Color** in 82% of subjects at 12 weeks\*
- **Firmness** in 70% of subjects at 12 weeks\*

A single application of the Multiphase Serum product significantly smoothed the appearance of wrinkled skin in just one hour, while the Day Moisturizer, Night Repair Crème and Body Lotion provided skin moisturization for a full eight hours after just one application.\* In addition to the Mannatech LIFT clinical study, more than 40 clinical studies have been performed on individual ingredients in the Mannatech LIFT skin care formulas. Overall, the Mannatech LIFT skin care line provides impressive clinical results, leaving skin looking and feeling younger.\*

### What Safety Information Is Available for the Mannatech LIFT Skin Care System?

Overall, clinical testing results show the Mannatech LIFT skin care system to be well-tolerated (1, 2). All of the Mannatech LIFT products have been tested for comedogenicity and determined to be non-comedogenic (will not clog pores). Each product has also tested negative for allergic contact dermatitis. The Multiphase Serum, Day Moisturizer and Night Repair Crème have been ophthalmologist-tested and demonstrated to be safe for use around the eye area. In addition, all five Mannatech LIFT products are paraben-free.

#### REFERENCES

- (1) Trookman, N. S. and Rizer, R. L. Clinical Efficacy of Mannatech LIFT Skin Care Products. 2010. [http://www.mannatechscience.org/files/file/LIFT\\_Efficacy.pdf](http://www.mannatechscience.org/files/file/LIFT_Efficacy.pdf)
- (2) Trookman, N. S., Rizer, R. L., Ehrhardt, L., and Sigler, M. L. Clinical Safety of Mannatech LIFT Skin Care Products. 2010. [http://www.mannatechscience.org/files/file/LIFT\\_Safety.pdf](http://www.mannatechscience.org/files/file/LIFT_Safety.pdf)

\*Based on a 12-week clinical study by Stephens & Associates, Carrollton, Texas; funded by Mannatech, Incorporated.